Mental Health

Word Search

WHO MADE THIS?

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ILLUSTRATIONS

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Name: _____

Date: _____

1
DIRECTIONS:
! Find and circle the
vocabulary words
in the grid. Look
for them in all
101 mentinun
directions including
backwards and
L 1, 11
i diagonally.

ANXIETY AWARENESS BIPOLAR COPING COUNSELING DEPRESSION ENVIRONMENT ISOLATION MEDITATION MEDITATION

MINDFULNESS

Mental	Health					
Word Search						

V	Ρ	V	Ι	U	Е	D	0	0	Μ	D	Х	G	Y	Ρ	Х	A	D	S	Ν	Ν
Т	Т	Q	Κ	Е	Κ	Ι	В	D	L	Е	Ρ	Т	Ζ	S	Х	U	Y	S	0	S
S	S	Е	Ν	L	L	Ι	L	А	Т	Ν	Е	Μ	F	S	F	W	Ι	Е	Ι	S
к	D	Ν	Ν	D	Ν	Ζ	В	В	Κ	Х	Ν	Μ	Y	Е	F	Х	G	Ν	Т	S
Т	Ν	Е	М	Ν	0	R	Ι	V	Ν	Е	А	Κ	U	R	Μ	Ρ	Ι	L	А	Е
G	Κ	Е	F	Х	W	D	Ρ	С	S	Е	Н	Т	Т	Т	W	S	J	U	L	Ν
Р	Ν	С	М	G	Ι	Μ	0	В	Μ	Ν	R	U	Y	S	Х	Ν	V	F	0	Е
R	Ρ	Ι	R	0	Т	G	L	Ν	Q	Q	0	А	Н	F	Ρ	А	G	D	S	R
Е	Ν	Ρ	Е	U	Т	А	А	Υ	R	Е	V	0	С	Е	R	Ν	Ν	Ν	Ι	Α
V	0	Ι	S	В	А	Ι	R	F	0	S	G	Q	Т	F	Ι	U	Ι	Ι	А	W
Е	Ι	В	Ι	Υ	L	Х	V	Q	Q	А	U	Х	L	Ρ	L	Μ	L	М	Ν	Α
Ν	S	S	L	Т	С	L	Κ	А	Н	Μ	Х	Ρ	0	Y	А	Е	Е	Ρ	Х	Q
Т	S	В	Ι	S	Т	Н	Е	В	Т	G	L	С	Ρ	G	Q	Ν	S	Y	Ι	W
Т	Е	G	Е	U	D	V	0	W	Н	Ι	Ι	Ζ	Ρ	0	Е	Ρ	Ν	R	Е	R
0	R	Т	Ν	Е	Ρ	В	Н	S	Е	Т	0	U	Ν	Q	R	D	U	С	Т	R
Ν	Ρ	Н	С	W	С	U	D	Υ	Ι	S	С	Ν	Х	А	L	Т	0	S	Y	Х
Q	Е	Е	Е	А	S	Е	L	F	Е	S	Т	Е	Е	М	0	F	С	А	Н	U
Q	D	R	V	Ρ	D	Υ	G	Т	S	Ι	R	Т	А	Ι	Н	С	Y	S	Ρ	R
F	F	А	Ζ	Q	S	С	В	Ζ	Ι	Н	D	G	G	Y	J	F	Ι	Ν	Κ	D
Ι	Y	Ρ	S	Y	С	Н	0	L	0	G	Ι	S	Т	А	Н	F	U	С	U	Х
U	В	Y	S	G	Ζ	Ι	F	R	W	L	Ν	0	Ι	Т	А	Т	Ι	D	Е	М



MOOD	RESILIENCE
MOTIVATION	SELF-CARE
PREVENTION	SELF-ESTEEM
PSYCHIATRIST	STIGMA
PSYCHOLOGIST	STRESS
PSYCHOSIS	SUPPORT
PTSD	THERAPY
RECOVERY	WELL-BEING

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SOLUTION

