

Coping Skills

Word Search

WHO MADE THIS?

Created by Kim White Steele for Puzzles to Print.

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Name: _____ Date: _____

Coping Skills

Word Search

DIRECTIONS: Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.



BLOW BUBBLES
CLEAN SOMETHING
DANCE
DO A PUZZLE
DO YOGA
DRAW
EXERCISE
HUG A PILLOW

LISTEN TO MUSIC
LOOK AT NATURE
PLAY A GAME
PLAY WITH MY PETS
PUNCH A PILLOW
READ
SEE A MOVIE
SING

TAKE A BATH
TAKE A NAP
TAKE A WALK
TAKE DEEP BREATHS
TALK TO SOMEONE
WRITE A LETTER
WRITE A POEM
WRITE IN A JOURNAL

Coping Skills

Word Search

SOLUTION

